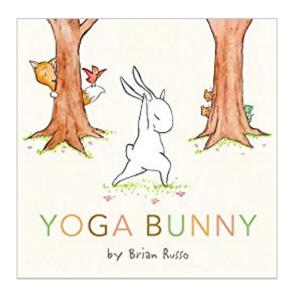


The book was found

Yoga Bunny





Synopsis

Even bunnies do yoga!lt's a perfect day for yoga, and Bunny is practicing his poses and wishes his friends would do yoga with him! But Lizard is too tired, Fox is in a rush, and Bird has the hiccups. Will Bunny ever be able to get his friends to slow down and realize that yoga just might be the solution to their problems?Akin to I Am Yoga by Susan Verde, Yoga Bunny helps readers relax and unwind as they learn beginning yoga poses, from downward dog to tree pose. Debut author-illustrator Brian Russo shows readers just how relaxing yoga can be.

Book Information

Hardcover: 40 pages

Publisher: HarperCollins (December 6, 2016)

Language: English

ISBN-10: 0062429523

ISBN-13: 978-0062429520

Product Dimensions: 9.4 x 0.3 x 9.2 inches

Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.9 out of 5 stars 24 customer reviews

Best Sellers Rank: #46,401 in Books (See Top 100 in Books) #63 in Books > Children's Books > Animals > Rabbits #235 in Books > Children's Books > Sports & Outdoors #1033 in Books > Children's Books > Growing Up & Facts of Life > Friendship, Social Skills & School Life > Friendship

Age Range: 4 - 8 years

Grade Level: Preschool - 3

Customer Reviews

Yoga Bunny View larger View larger View larger

PreS-Gr 2â "Bunny likes to practice yoga outside his woodland home. As he performs his poses, he tries to get his friends Lizard, Fox, and Bird to join, but everyone is too tired, angry, or busy. Eventually, led by the mice, the other animals decide to join Bunny, and they find that yoga helps lessen the negative feelings they had at the beginning of the tale. The illustrations are made from colored pencil and watercolor and are based on the author's existing Yoga Bunny illustrations and website. They show Bunny doing different yoga poses and are intricately drawn to match real-life poses. Unfortunately, the plot is thin and has an overly simplistic conclusion. The endpapers include drawings of Bunny doing additional poses that aren't featured in the story. The use of yoga and

mindfulness practices in classrooms has grown in recent years, so there may be an audience for this book. Pair it with Lauren Alderfer's Mindful Monkey, Happy Panda and Susan Verde's I Am Yoga. VERDICT A serviceable addition for those looking to expand their collection of titles about yoga and mindfulness.â "Celia Dillon, The Brearley School, New York

â œThe sweetly simple illustrations, along with Bunny doing a wide range of poses on the endpapers, make yoga look like fun. â • (Booklist)â œPair it with Lauren Alderferâ ™s Mindful Monkey, Happy Panda and Susan Verdeâ ™s I Am Yoga.... a serviceable addition for those looking to expand their collection of titles about yoga and mindfulness.â • (School Library Journal)

I'm always looking for children's books that will engage and inspire my young child. This book is a new favorite in our house and is so beautifully Illustrated. We love it and practice yoga together. Buying one for my niece for Christmas too.

Beautiful art work and engaging story with a positive message for children.

Delightful story beautiful illustrated. Sure to a classic for yogis with small children and for those who teach yoga to younger children.

This is a darling book that introduces yoga and well done illustrations. As a former preschool teacher I was disheartened when reading this book. I personally believe word choice is extremely important for young readers. The story goes as this bunny introduces yoga to each animal he meets and when encountering a lizard to try yoga the lizard says "I hate..." Personally, I believe the word "hate" is a strong and powerful one. It would have been much more valuable if the author had the lizard express himself as to why he "hates...," instead of encouraging poor self-expression.

My 5 year old child likes it a lot. She did almost all the yoga movements in the book. Love it~

Cute story and lovely illustrations. I especially like all the poses before and after the book. My 4 year old likes to do yoga with me and we always enjoy children's yoga books

My son absolutely adores this and we learn how to do different yoga poses every morning while reading it:)

This book is adorable, my kids (and me!) love it. Beautiful illustrations and such a sweet story.

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